

## How to Use the Aerolizer



### Instructions:

1. Do not remove the medication capsule from the blister card until you are ready for a dose.
2. Pull off the Areolizer inhaler cover.
3. Hold the base of the inhaler firmly and rotate the mouthpiece in the direction of the arrow to open the inhaler.
4. Separate one medication capsule blister by tearing at the pre-cut lines.
5. Peel the paper backing that covers the medicine capsule on the blister card. Push the medication capsule through the foil.
6. Place the medication capsule in the capsule chamber in the base of the inhaler. Never place a capsule directly into the mouthpiece.
7. Rotate the mouthpiece back to the closed position.
8. Hold the mouthpiece of the inhaler upright and press both buttons at the bottom of the inhaler at the same time. Only press the buttons once. You should hear a click as the medication capsule is being pierced and the medicine from the capsule is being released into the inhaler.
9. Release both buttons at the bottom of the inhaler.
10. Breathe out fully away from the inhaler. Do not exhale into the mouthpiece.
11. Tilt your head back slightly. Keep the inhaler level with the blue buttons to the left and right (not up and down). Place the mouthpiece in your mouth and close your lips around the mouthpiece.
12. Breathe in quickly and deeply. You will hear the capsule vibrate.
13. Remove the inhaler from your mouth. Hold your breath for 10 seconds or as long as you can and then exhale slowly through your mouth or nose.
14. Take another breath in through the mouthpiece. This will make sure that you get your complete dose of medicine.
15. After use, open the inhaler, remove and discard the empty medication capsule. Do not leave a used capsule in the chamber.
16. Close the mouthpiece and replace the cover.

**Tips:**

- Never breathe into the inhaler.
- Never place the medication capsule directly into the mouthpiece of the inhaler.
- Never leave a used medication capsule in the inhaler chamber.
- Always use the inhaler in a level position.
- Always keep the inhaler and medication capsules in a dry place.
- Always use the new inhaler that comes with your refill.

**Cleaning:**

- The inhaler needs to stay dry, so must never be washed. The mouthpiece can be wiped with a dry tissue if needed.