How to Use the Breezhaler
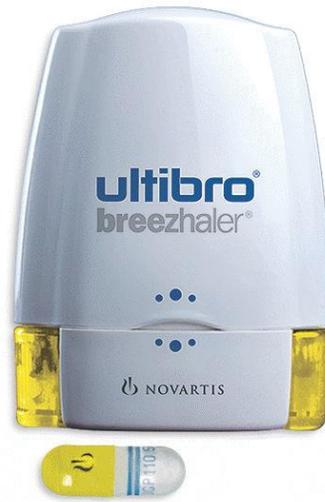
Instructions:
1. Remove the cap from the Breezhaler inhaler.
2. Tilt the mouthpiece to open.
3. Remove the medication capsule from the blister and place it in the inhaler chamber.
4. Close the mouthpiece until you hear a click.
5. Press the side piercing buttons once and the medication is released from the medication capsule. Do not shake the inhaler.
6. Place the mouthpiece of the inhaler between your teeth without biting the mouthpiece. Close your lips around the mouthpiece to form a good seal.
7. Breathe in rapidly and steadily so the medication capsule vibrates.
8. Continue to breathe in as long as is comfortable.
9. Hold your breath for 5 seconds or as long as is comfortable.
10. While holding your breath, remove the inhaler from your mouth.
11. Breathe out gently away from the inhaler.
12. Open the mouthpiece and remove the used capsule.
13. If more than one dose is needed, repeats all steps starting from step 3.
14. Close the mouthpiece of the inhaler and place on the cap.

Tips:
- Always close the inhaler after use.