

## How to Use the Neohaler



### Instructions:

1. Pull off the cover of the Neohaler inhaler.
2. Open the inhaler by holding the base of the inhaler firmly and tilting the mouthpiece.
3. Place a medication capsule in the base/hole in the center of the inhaler.
4. Close the inhaler. You will hear a click when the mouthpiece is closed.
5. Hold the inhaler straight up. Press both buttons on the bottom sides of the inhaler once firmly. This will pierce the capsule, so you can inhale the medication when you breath in.
6. Exhale away from the inhaler.
7. Place the mouthpiece between your teeth without biting it. Close your lips around the mouthpiece to form a good seal. Hold the inhaler with the buttons to the left and right, not up and down. Do not blow into the inhaler.
8. Inhale rapidly and deeply. When you do this, you'll hear the capsule vibrate.
9. Continue to take a full and deep breath.
10. Remove the inhaler from your mouth.
11. Hold your breath for 10 seconds or as long as comfortable.
12. Exhale slowly through your mouth or nose away from the inhaler.
13. Take another breath in through the mouthpiece. This ensures that you get your complete dose of medicine.
14. Open the inhaler's mouthpiece, remove the used medication capsule, and throw it away. Do not keep capsules in the inhaler.
15. Close the mouthpiece and then cover the inhaler.

### Tips:

- Keep the cover on the inhaler when not in use. This will help keep the inhaler clean and dry.