

How to Use the Pressair



Instructions:

1. Remove the cap by squeezing the arrows on each side of the inhaler and pulling outwards.
2. Hold the inhaler with the mouthpiece towards you. The green button should face upwards.
3. Without tilting the inhaler, press and release the green button at the back of the inhaler.
4. Check and make sure the control window has changed from red to green.
5. Turn your head away from the inhaler and exhale.
6. Place the mouthpiece in your mouth and close your lips around the mouthpiece. Breathe in deeply and forcefully through the inhaler. Keep breathing in after you hear a click.
7. Remove the inhaler from your mouth.
8. Hold your breath for 10 seconds or as long as comfortable.
9. Exhale slowly through your mouth or nose away from the inhaler.
10. Check that the control window has changed to red.
11. When you are finished taking your dose, place the cover back on the inhaler.

Tips:

- Do not blow or exhale into the mouthpiece.
- Always close the cover after use.